### **Tips and Tricks for your Blue Earth Summit**

If you're heading to Blue Earth Summit 2025 and want to make even more of your time while visiting the Royal Borough of Greenwich, then look no further than our handy guide. From great spots to go running and walking, from river paths to public parks, from pubs to restaurants and experiences to take your visit to the Royal Borough of Greenwich to the next level.

## **Keeping Active**

Understanding the physical, psychological, and social benefits of spending time in green and blue spaces, we wanted you to know where to take your mindfulness moments for creative thinking, or to reduce stress, even more so during a busy networking event.



Watch the river from the shore to enjoy the sights and sounds of nature, here on the mighty industrial Thames. As water laps over beaches and into river walls at high tide. You may spot cormorants, swans, geese, gulls, coots and more, along this stretch of the Thames. If you're really lucky, a grey seal.



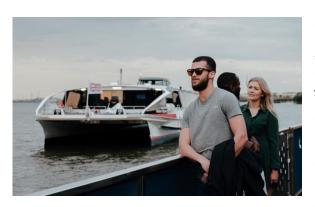
Pocket-sized Park Life close to Woolwich Works, the pocket-sized Wellington Park with its manicured lawns and hedges, is a calming oasis lined with historic architecture. Take your lunch outside to find a moment of quiet contemplation between busy networking sessions.



Wander the Royal Arsenal Riverside on the Thames, as a walk here gives easy access to some fantastic river views of the city, among the modern architecture that gives a nod to its industrial origins, initially just the development of the stunning Royal Arsenal Riverside (RAR) collection but now stretching west along the river.



Walk, Run (or cycle) from Woolwich to Greenwich to enjoy a zero-carbon journey along the 6.5-mile of Thames Path between Woolwich via the engineering magnificence Thames Barrier, past buzzing modern Greenwich Peninsula to historic Maritime Greenwich, on this section of the 185-miles from river's source in the Cotswolds.



Get Out on the water for amazing views on Uber Boat by Thames Clippers speedy catamarans between Greenwich and Woolwich, and Earth, Mars and Celestial Clippers all operate on hybrid technology, run on battery power - zero tailpipe emissions in central London, recharging via biofuel-powered engines out of central zone.



Find nature Greenwich Peninsula

Ecology Park is a man-made, volunteerled oasis is a haven for wildlife across its
two freshwater lakes and marshland.

Birdwatchers can enjoy the bird hides to
catch a glimpse of migratory species like
the snipe or the swift.

Open: **10am – 5pm** 



Explore Greenwich Peninsula's public art trails, both The Line and Greenwich Peninsula Art Trail showcasing works, including some from the world's most renowned artists. The Line even comes with its own Bloomberg Philanthropies app to guide you.



There's no other golfing venue quite like <u>Greenwich Peninsula Golf</u>

<u>Range</u>, where you can unwind while driving towards the towers of Canary Wharf and turrets of The O2.

Open: 9am - 9pm



The Spa, InterContinental London - The O2 offers a luxurious and holistic approach to wellbeing, with its state-of-the-art facilities, acclaimed treatments, and a team of professionals who deliver them.

Open: **6.30am - 9pm** 



Charlton Lido and Lifestyle Club boasts an Olympic-size, heated outdoor pool.

Open weekdays: 6am to 9pm – Weekends 6am – 4pm

### **Local Food & Drink**



Boulangerie Jade Café in Woolwich Arsenal serves freshly baked and delicious "pure beurre" croissants, pains au chocolat and other exciting pastries in their friendly shop/cafe with a little touch of je ne sais quoi!



The Dial Arch is a fantastic Young's pub located in the heart of Royal Arsenal Riverside, set within a beautiful former munitions building, that's close to Woolwich Works and right next door to Woolwich Station for the Elizabeth line.



SALT Taproom Bar & Kitchen in Royal Arsenal Riverside, offers a fantastic range of SALT beers, real ales, artisan gin, premium wine, à la carte dining, (superb pizzas) and live music.



Viet Baguette Pho and Grill on Anglesea Road in Woolwich serves simple and tasty Vietnamese cuisine including a selected range of bubble teas in a relaxed environment.

# Stay, just a little longer?



Stroll through Greenwich Park, one of London's eight royal parks, is blessed with avenues of trees that blaze with colour in the autumn – making this the perfect time for a long leaf-peeping stroll around its 182 acres (the perimeter of the park is around 2 miles). Follow the map to find key points of interest like the Grand Ascent, Rose Garden,

the Anglo-Saxon barrow cemetery, One Tree Hill, and more.



You'll find the most amazing views of Greenwich, Thames and London by climbing The Royal Observatory climbing the hill in Greenwich Park at sunset, set among stunning 17thC landscaping and gardens is home to the Prime Meridian of the world

Open: 6am to 7pm in October



Admire the lawns at the Old Royal Naval College among the history of the Painted Hall, part of the UNESCO Maritime
Greenwich World Heritage Site, part of the Old Royal Naval College grand architectural symmetry ideal to stroll and relax on grounds overlooking the river.

Grounds Open: Until 11pm



...And while you're here, find the exact filming location of **hundreds** of world famous film and TV productions, from Thor to Bridgerton, from Jack Sparrow to Napoleon, Greenwich is one of London's greatest sites for 'set jetting' so download the <u>Setjetters App</u> and find out more about <u>Setjetting in Greenwich</u>



#### **Shop organic at Greenwich Market**

Greenwich Market is famous for its highquality artisan stalls, variety of global street food and its local traders also sell organic food, eco-friendly skincare and fashion. You'll find unique gifts and souvenirs that are also kind to the planet.



#### Secret park with a spiritual life

Tucked behind St Alfege Church in Greenwich, you'll find a secret park where you can escape to meditate, sit under an old chestnut tree, or picnic on food you've picked up from Greenwich Market as the park is dotted with benches as well as grass lawns.

# **More Greenwich Experiences**



<u>Pirates Exhibition</u> at <u>National</u> <u>Maritime Museum</u> - Greenwich

Discover the truth behind pirate life in a major new exhibition at the National Maritime Museum.

Open Daily: 10am-5pm



Fly over the Thames on a round-trip aboard the IFS Cloud Cable Car from Greenwich Peninsula, for a unique experience on the UK's first and only urban cable car.

Open: 8am to 9pm, Mon - Thur, 9am to 10pm on Friday



Discover Outlet Shopping at The O2, one of London's most exciting retail destinations. Open 7 days and home to over 60 designer brands with up to 70% off RRP, including Adidas, Calvin Klein, Next, Nike, Tommy Hilfiger and more..

Open: 10am - 8pm



<u>Up at The O2: Sunset Climb</u> takes you on an exhilarating 90-minute climb over the roof of the world's most popular entertainment venue, The O2.

Open: 10am - 10pm



TOCA Social is the world's first interactive football and dining experience, combining immersive gaming and world class food and drink.

Open: 12pm - 12am



Head to <u>BOOM Battle Bar</u> for adrenaline pumping games, Karaoke and an epic selection of drinks plus mouth-watering street food, spread over two floors.

Open: **12pm - 1am** 



Eltham Palace and Gardens offers 19 acres of award-winning gardens and the chance to step inside the striking art deco/Tudor mansion, once home of famed English philanthropists, Stephen and Virginia Courtauld

Open: 10am - 5pm